



**The Chairman and Members of  
North West Area Committee.**

**Meeting: 18th July 2017**

**Item No: 11**

## **Dublin City Sport and Wellbeing Partnership Report**

- Green Scene is a new summertime initiative aimed at getting more people active through better use of our parks and green spaces in Dublin City. DCSWP Sports Officers will work with partners to organize new, interesting and enjoyable games, activities and coaching sessions.

Complimenting The Green Scene will be the following:

Seen on the Green – Efforts will be made to entice well known sporting personalities to attend activities. We will promote these through a ‘Seen on the Green’ segment on social media and other relevant media channels. This will help build the profile of the programme and assist with securing future sponsorship.

The Green Machine – Awards/prizes will be presented to participants attending the highest number of sessions.

Green Scene events taking place in the North West Area during this period include:

- *Whitehall Pentaque Group takes place every Wednesday morning from 10am – 11am in Ellenfield Park (over 55's)*
- Cycle Leader Training: A number of DCSWP Sports Officers combined resources to facilitate a Cycle Leader Training Course on June 28<sup>th</sup>/29<sup>th</sup> in the Municipal Rowing Centre, Islandbridge, Dublin 8. This was a great success and further training dates are expected to be confirmed. A number of adults from the North West Area communities are expected to attend this training and subsequently lead a six week ‘Bike for Life’ programme prior to the great Dublin Bike Ride in September. Updates to follow.
- Older Adults Programmes - Cabra
  - Monday 1 - 2pm; Cabra Parkside Community Sports Complex - Go for Life
  - Wednesday 12 - 1pm; Inspire Gym and Pool, Ratoath Road, Cabra - Aqua Aerobics
  - Thursday 3 - 5pm; Cabra Parkside Community Sports Complex - Bowls

- Get Climbing Programme: This eight week indoor climbing certified programme is run in conjunction with Mountaineering Ireland and local youth services in Finglas. The programme is aimed at young people 14 years and over and takes place in the Awesome Walls facility in Finglas.
- An Outdoor Pursuits Programme (kayaking, mountain biking, rafting, rock climbing) will run throughout July and August in Ballyfermot Youth Service Adventure Centre. DCSWP Sports Officers in the North West Area will facilitate sessions for local youth groups.
- Summer Projects – The local DCSWP Sports Officer for Finglas will help to facilitate a wide variety of activities for the various Summer Projects and camps taking place throughout the area in July and August.
- Sports & Fitness Ballymun and Sports & Fitness Finglas will hold weekly Summer Camps for 5 – 12 year olds, commencing on Monday 3<sup>rd</sup> July. The camps will entail fun games/activities and swimming sessions and will run throughout the Summer. There will also be weekend swimming lessons for children from the age of 3 upwards, commencing July 8<sup>th</sup>. Each block of lessons will run for 4 weeks.
- Sports & Fitness Ballymun are offering specific classes for people with back pain every Monday at 12pm (in partnership with the HSE)
- Both Sports & Fitness Ballymun and Sports & Fitness Finglas have introduced a scheme whereby homeless people currently residing in nearby hotels can access the facilities at a reduced rate to assist with their physical and mental wellbeing (in association with DePaul)

### **FAI/DCSWP Football Development Officers – Update**

- Paul Whelan and Jamie Wilson have just wrapped up the Project Futsal Programme for the 2016/17 academic year. The students will now be concluding their FETAC Level 4 Award, ITEC Gym Instructors Award and their FAI Coaching Awards.

The FAI/DCSWP Development Officers will be delivering eight weeks of Summer Soccer Camps. These camps will be held at various club and DCC venues throughout Dublin for the duration of July and August. The camp capacity each week is 100 kids and it is hoped to attract a lot of boys and girls from the Finglas and Ballymun areas. Students from Project Futsal will also be used as paid coaches on these camps.

### **Boxing**

- Aviva Stadium Tours & Boxing Taster Session: All 5<sup>th</sup> and 6<sup>th</sup> class pupils and Transition Year students throughout the Dublin City area, including many from the North West Area, who took part in the Startbox Programme have been invited to take part in free tours of the Aviva stadium throughout June and July (which will be guided by DCSWP/IABA Boxing Officers). Students will also experience a short coaching session and view some famous Irish, International and Olympic boxing memorabilia (this will be coupled with interesting and informative stories/anecdotes to inspire and educate the students!).

## **Cricket Development Officer Update**

- The Cricket Development Office is currently liaising with Sports Officers to organise the running of summer projects for the area e.g. summer camps, family fun days etc.
- We have a number of players involved in the provincial teams (U11, U13, U15, U17 and U19), both male and female, from 9-18 years of age who have training sessions and cricket tours during this period. These sessions take place on a weekly basis at different venues in the Dublin City area. Although all the venues may not be in the area, a lot of the participants will be from the North West Area. These events include:
  - Dublin City Summer Camp - 17<sup>th</sup> to 19<sup>th</sup> July from 10am - 4pm in the Phoenix Park
  - Dublin City U17 match in YMCA cricket grounds on the 24<sup>th</sup> July from 11am - 5pm
  - Dublin City girls camp from 31<sup>st</sup> July – 2<sup>nd</sup> August from 10am - 4pm (venue TBC)
  - Boys U11 training session on Friday 11<sup>th</sup> August from 10.30am - 1pm in YMCA cricket grounds.
  - Boys U11 interprovincial match in Pembroke CC on the 14<sup>th</sup> of August from 11am - 4pm.
  - Dublin City U12 Tournament in Pembroke CC on the 10<sup>th</sup> of August from 10am - 4pm.

## **Rowing Update from Dublin City Municipal Rowing Centre**

- Active Age Rowing - Tuesdays and Fridays from 12.20pm - 1.30pm, for new and on-going participants aged 55 and over. No previous experience required.
- Summer Youth & Community Project rowing slots – July: Summer Projects can book in for groups of up to 12 where they can experience an introduction to the sport in a safe and comfortable environment with user friendly equipment.
- Youth Rowing Camps – August: During the month of August, youth rowing camps will be running from the Municipal Rowing Centre for children aged 10 years +. The camps will run Monday to Friday from 10am - 1pm at a cost of €50 per young person. No previous experience required, we will begin with the basics and help the participants to progress and improve their skills as the week proceeds.
- Phoenix Rowing Club: A recreational rowing club for adults based in Dublin Municipal Rowing Centre. The club is purely aimed at getting people on the water to enjoy the activity and surrounding environs of the Memorial Gardens, Phoenix Park and River Liffey. No previous experience required and members can progress at their leisure to a level of their comfort and choosing.

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